



HELLENIC
CARDIOLOGICAL
SOCIETY

**INTERNATIONAL
WORKSHOP ON RARE
CARDIOVASCULAR
DISEASES & REGIONAL
CONGRESS OF
CRETE DIVISION
OF THE HELLENIC
CARDIOLOGICAL SOCIETY**

22-24 MAY 2015

CHANIA / CRETE

**CENTER OF
MEDITERRANEAN
ARCHITECTURE**

PROGRAM

ENDORSED BY THE MEDICAL ASSOCIATION OF CHANIA AND THE MUNICIPALITY OF CHANIA



Μετιώχου Εγναυρίου
Παλαιόφ

WELCOME NOTES

Dear Faculty Members, Dear Colleagues,

It's my honor to welcome you to attend the **Workshop on Rare Cardiovascular Diseases and the 4th Regional Congress**, a core meeting in Chania, one of the most beautiful and historical cities of Greece.

The Hellenic Cardiological Society established in 1948 as a nonprofit organization, founding member of ESC and represents almost all Cardiologists in Greece. Its history parallels the history of Cardiology in Greece. One of the main goals of the Hellenic Society is the continuing education, promoting awareness of cardiovascular disease risk factors and prevention. We strongly believe that one of our efforts is to organize an integrated Continuing education program for all Cardiologists.

The HCS is playing a leading role for the scientific development of all the Greek Cardiologists as well as the well being of the Greek patient. In these difficult times it is even more important to renew our commitment to this cause. To this end it is extremely important to come together to ensure that resources are maximized for the benefit of the professional and ultimately the patient.

The Members of the Board are being aware of its scientific responsibility, in a very difficult economic era for our country and strongly believe that offer a step of exchanging ideas, learning and understanding innovative techniques and new therapeutically methods.

The HCS will continue to take the lead and support all efforts to ensure that our goals are met and our resources are utilized in the most productive manner.

To conclude I would like to truly wish you all a productive Conference. The Organizing Committee has secured an extremely interesting panel of speakers, experts in the field of Cardiovascular Disease, especially the rare ones that will deliver lectures certain to provide a forum for constructive debate.



Stefanos Gr. Foussas
President HCS

Dear Friends and Colleagues,

With great pleasure we welcome you to the International Workshop on Rare Cardiovascular Diseases under the auspices of Hellenic Cardiological Society that will be held in Chania, Crete, on 22-24 May 2015.

Diseases of the heart are major contributors to human morbidity and mortality. A substantial proportion is caused by rare cardiovascular disorders that collectively constitute a disease burden greater than that of many cancers.

As you already may know, rare cardiovascular diseases are also an important issue in Greece, especially because of the great number of islands. In the past, Greek islands were close communities and, as a result, they were found to be natural parks for rare cardiovascular disorders. Naxos ARVC is a very characteristic example of this phenomenon.

The profile of rare cardiovascular conditions has been raised through several reports in European Health policy and the importance of rare cardiovascular disease is reflected in the political and research priorities of the European Commission.

The aim of this meeting is to present the current state of the art in diagnosis and treatment of rare cardiovascular disorders and to stimulate the cardiac societies in Europe to include this scientific field in the training schedule for young cardiologist. We intend our meeting to be a contribution in the improvement of cardiologists training in the field of rare and inherited cardiovascular diseases.

We are extremely enthusiastic for this scientific event and strongly wish to be an important step in the improvement of care for patients with rare cardiovascular disorders. On behalf of the Hellenic Cardiological Society and the Scientific Committee of this international meeting, we welcome you to Chania and wish you an inspiring and pleasant meeting.



Aris Anastasakis
Scientific Committee



Perry Elliott
Scientific Committee

PROGRAM / FRIDAY, 22 MAY 2015

12.00 - 16.00	ALS Training (European Certificate) Basic Life Support / Automated External Defibrillator (BLS/AED) Training (in collaboration with ERC) European Resuscitation Council (ERC) Guidelines - G. Latsios Demonstration and Training
16.00 - 17.30	Welcome Address Chairmen: P. Elliott - S. Foussas - A. Anastasakis <ul style="list-style-type: none">• President of Hellenic Cardiological Society (HCS) - S. Foussas• Mayor of Chania - A. Vamvoukas• Ministry of Health - S. Xenariou• President of Medical Association of Chania - P. Orfanoudaki• Centre of Mediterranean Architecture Director: a brief reference to the history of Chania - A. Kotsaki Introduction to the meeting <ul style="list-style-type: none">• Aims and objectives of the meeting - P. Elliott - A. Anastasakis• Developing networks for rare cardiovascular disease in Europe - A. Caforio• Role of the cardiologist in diagnosis and treatment of rare disease - P. Elliott
17.30 - 18.30	Round Table A' (Session in Greek Language) Chairmen: E. Matsakas (Athens), I. Vlasserros (Athens)
17.30 - 17.50	Heart Failure / Short Review - Case Presentation - E. Lamprogiannakis (Heraklion)
17.50 - 18.10	Acute Coronary Syndrome / Short Review - Case Presentation - N. Kafkas (Athens)
18.10 - 18.30	Valvular Heart Disease / Short Review - Case Presentation - G. Makavos (Athens)
18.30 - 20.00	Round Table B' (Session in Greek Language) Chairmen: S. Foussas (Athens), A. Pras (Chania) Risk factors in the prevention of cardiovascular disease
18.30 - 18.45	Sudden death in the young - A. Anastasakis (Athens)
18.45 - 19.00	Smoking - E. Matsakas (Athens)
19.00 - 19.15	Arterial Hypertension - M. Marketou (Heraklion)
19.15 - 19.45	Metabolic Syndrome - S. Chantanis (Athens)
19.45 - 20.00	How to avoid acute myocardial infarction - S. Foussas (Athens)

PROGRAM / SATURDAY, 23 MAY 2015

09.00 - 10.30	Session 1: HOW THE STORY CAN START* Chairmen: L. Antoniadis (Cyprus), G. Theodorakis (Athens)
09.00 - 09.15	Unexplained bradycardia and/or AV conduction defects - J.P. Ochoa (Spain)
09.15 - 09.30	Elevated CPK and normal troponin T - G. Efthymiadis (Thessaloniki)
09.30 - 09.45	Ventricular arrhythmias and preserved ejection fraction - I. Olivotto (Italy)
09.45 - 10.00	Practical guide to evaluation of sudden death families - P. Lambiase (UK)
10.00 - 10.30	Discussion Discussants: P. Dilaveris (Athens), A. Caforio (Italy), E. Prappa (Athens), G. Limongelli (Italy) <i>*Session in English Language</i>
10.30 - 11.00	Coffee Break
11.00 - 12.30	Session 2: GENERAL APPROACH TO RARE CARDIOVASCULAR DISEASES* Chairmen: D. Tousoulis (Athens), P. Elliott (UK)
11.00 - 11.15	General approach to clinical diagnosis ("red flags": pedigree, clinical findings, ECG, lab test) - Fabry case - G. Limongelli (Italy)
11.15 - 11.30	Use of imaging in diagnosis of rare CV diseases - I. Rigato (Italy)
11.30 - 11.45	Pitfalls in the interpretation of genetic tests - J. Mogensen (Denmark)
11.45 - 12.00	Cardiomyopathy, Myocarditis and Biopsy - A. Caforio (Italy)
12.00 - 12.30	Discussion Discussants: M. Kalantzi (Athens), A. Patrianakos (Heraklion), E. Foukarakis (Heraklion), K. Laskari (Athens) <i>*Session in English Language</i>
12.30 - 13.00	Satellite Lecture BAYER / ELPEN Chairman: E. Simantirakis Presentation: E. Kallergis
13.00 - 14.00	Session 3: INHERITED CARDIOVASCULAR DISEASES: DIAGNOSIS, RISK STRATIFICATION AND TREATMENT* Chairmen: F. Parthenakis (Heraklion), G. Athanasopoulos (Athens)
13.00 - 13.15	Hypertrophic Cardiomyopathy and Fabry disease - P. Elliott (UK)
13.15 - 13.30	Heart involvement in metabolic diseases - M. Arad (Israel)
13.30 - 13.45	Heart involvement in Neuromuscular diseases - A. Pantazis (UK)

PROGRAM / SATURDAY, 23 MAY 2015

13.45 - 14.00	Discussion Discussants: Y. Adler (Israel), G. Efthymiadis (Thessaloniki), A. Anastasakis (Athens) <i>*Session in English Language</i>
14.00 - 16.00	Lunch break
16.00 - 17.15	Session 4: INHERITED CARDIOVASCULAR DISEASES: DIAGNOSIS, RISK STRATIFICATION AND TREATMENT* Chairmen: K. Gatzoulis (Athens), X. Kosteas (Athens)
16.00 - 16.15	Dilated Cardiomyopathy and aetiology treatment therapy - G. Athanasopoulos (Athens)
16.15 - 16.30	Channelopathies: treatment and normal gene carriers - A. Anastasakis (Athens)
16.30 - 16.45	When to suspect myocarditis - P. Elliott (UK)
16.45 - 17.00	Athletes: cardiac adaptations or heart disease - M. Papadakis (UK)
17.00 - 17.15	Discussion Discussants: A. Caforio (Italy), J. Mogensen (Denmark), K. Toutouzas (Athens), E. Simantirakis (Heraklion) <i>*Session in English Language</i>
17.15 - 18.30	TRIBUTE IN MEMORY OF NIKOS PROTONOTARIOS Chairmen: A. Caforio (Italy), S. Foussas (Athens), P. Toutouzas (Athens)
17.15 - 17.30	Diagnosis and Historical perspectives of ACM - C. Basso (Italy)
17.30 - 17.45	Clinical phenotypes of ARVC - A. Protonotarios (Athens)
17.45 - 18.00	Treatment in ACM - A. Asimaki (USA)
18.00 - 18.30	30 minutes memorial event for Nikos
18.30 - 18.45	Coffee Break
18.45 - 20.15	Session 5: CASES AND SHORT REVIEWS* Chairmen: Y. Adler (Israel), G. Kochiadakis (Heraklion)
18.45 - 19.00	Recurrent Pericarditis - M. Imazio (Italy)
19.00 - 19.15	Hypertrophic Cardiomyopathy and genetics - A. Patrianakos (Heraklion)
19.15 - 19.30	Hurler Sheie MPS I - G. Karatasakis (Athens)
19.30 - 19.45	Chanellopathies - LQT - Brugada - CPVT - X. Kosteas (Athens)
19.45 - 20.15	Discussion Discussants: G. Lazaros (Athens), X. Kotsaka (Athens), G. Daniel (Cyprus), A. Zacharaki (Heraklion) <i>*Session in English Language</i>

PROGRAM / SUNDAY, 24 MAY 2015

09.00 - 10.00	Round Table C' (Session in Greek Language) Chairmen: I. Goudevenos (Ioannina), S. Foussas (Athens)
09.00 - 09.15	Arterial Hypertension - M. Pitarokoilis (Heraklion)
09.15 - 09.30	Secondary Prevention of Acute Myocardial Infarction - I. Goudevenos (Ioannina)
09.30 - 09.45	Endocarditis - G. Makavos (Athens)
09.45 - 10.00	Discussion
10.00 - 11.45	Session 6: CASES AND SHORT REVIEWS* Chairmen: K. Toutouzas (Athens), I. Germanakis (Heraklion)
10.00 - 10.15	Fabry Disease - C. Ritsatos (Athens)
10.15 - 10.30	Pulmonary hypertension - A. Frogoudaki (Athens)
10.30 - 10.45	Myocarditis in Naxos ARVC - A. Tsatsopoulou (Naxos)
10.45 - 11.00	Chanellopathies - CPVT - E. Symeonidou (Athens)
11.00 - 11.15	Transient Constrictive Pericarditis - G. Lazaros (Athens)
11.15 - 11.45	Discussion Discussants: J. Mogensen (Denmark), J. Kanakakis (Athens), C. Basso (Italy), P. Lambiase (UK), M. Imazio (Italy)
11.45 - 12.15	Closing remarks - S. Foussas , A. Anastasakis , P. Elliott

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